

Executive Summary  
Canadian Blind Sports Association  
Concussion Policy

The CBSA Concussion Policy is designed to ensure safe concussion practices within the blind sport community and is to be followed by CBSA nationally. The CBSA Concussion Policy is written to allow for adoption by CBSA's provincial partners. The CBSA Concussion Policy outlines the general information and responsibilities of Participating Members of CBSA in terms of concussion assessment and management.

This Policy is based on the 5<sup>th</sup> Consensus Statement on Concussion in Sport that was released in April 2017. This Policy interprets the information contained in the report that was prepared by the 2017 Concussion in Sport Group (CISG), a group of sport concussion medical practitioners and experts, and adapts concussion assessment and management tools.

The CBSA Concussion Policy contains information on:

- Definitions of terms used in the policy
- Purpose of the policy
- Application of this policy
- Renewal of policy
- Awareness of concussions
- Recognizing concussions
- Removal from sport protocol
- Re-evaluation of concussions
- Rest and rehabilitation
- Referrals to physicians
- Recovery and return to sport/work/school
- Reconsiderations
- Residual effects of concussions
- Risk reduction and prevention of concussions
- Reporting and surveillance of concussions
- Non-compliance of policy